



October 3, 2018

### ***THE COMMUNION TABLE IS LIKE THE KIDS' TABLE***

As a child, at family holiday meals when there were too many of us for a single table, I sit with my brothers and cousins at The Kids' Table. The adults are at the table in the dining room, and we kids are at a card table that has been set up in the den. At the kids' table, we are generally more boisterous than the adult table, although we wonder what we are missing when we hear laughter from the next room. At the kids' table, we finish our food quickly, and we can't imagine what takes the adults so long to eat.

At the kids' table, messes are accepted. At the kids' table, we talk honestly about what what's important to us, and not what we think will be impressive. At the kids' table, we can be ourselves.

I think that the Communion Table might have more in common with the kids' table. The Communion Table is a place to be honest. We can be ourselves, without judgment for our messes, and without the pressure to have everything together. And no special permission is required. Anyone can sit at the kids' table, and I know a number of adults who love to pull up an extra chair at the card table in the den.

This Sunday, we celebrate World Communion Sunday, and we celebrate our children – who have been learning about the Sacrament of Communion over the past three weeks. All are welcome to Communion at the Hills Church, just as we are, for the love of Jesus requires no special invitation.

Peace,

A handwritten signature in blue ink that reads "Matt".

Rev. Dr. Matthew Wooster  
Senior Minister