



May 13, 2020

SPIRIT DAYS

These are Spirit Days. These are days when we need the Spirit of God to fill us with strength and courage just as a good wind fills the sails of a boat that is navigating a stormy sea.

Jesus taught that God is a spiritual presence. The Spirit of God is with us, and the Spirit of God also emanates from within us.

And yet, we may not sense God's Spirit.

We may not be used to spiritual ways of perception and understanding.

The good news is that there are good spiritual practices to help us to connect to the Spirit of God. These spiritual practices, taught and honed over the centuries by our ancestors and pioneers in faith, might be compared to the specialized techniques and tools of other fields of human endeavor.

For instance, we are surrounded by physical phenomena that human eyes and ears are incapable of perceiving without aid. Scientists have developed special instruments to study light waves that are outside of the human visual spectrum, and other instruments to perceive the high frequency sounds only our dogs can hear.

Over the next three Sundays – May 17, May 24, and May 31 – I will be sharing a sermon series titled “Spirit Days,” reflecting on how the pioneers of our faith followed the teachings of Jesus and learned to perceive the Spirit of God.

I invite you to join me for our virtual worship services on Sunday mornings so that we can continue to join together in worship – to pray and reflect, and to grow together as disciples of Jesus – despite the need for the church building to remain closed during this pandemic.

Peace,

Rev. Dr. Matthew Wooster
Senior Minister